

GLUTEN FREE MENU

Tapas and Starters

We suggest 3-4 tapas to share per person as an alternative to a main course (Choose 3 for £12 Wednesday & Thursday)

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| Soup of the day | £5 |
| Gluten free bread roll and butter | |
| Pan fried garlic king prawns, gluten free ciabatta (df) | £7 |
| Olives , marinated in herbs and oil (v)(ve) | £4 |
| Pea risotto , parmesan (v) | £5 |
| Garlic & thyme baked mushrooms , gluten free sourdough (v)(ve) | £6 |
| Grilled halloumi , sriracha mayonnaise (v) | £4 |
| Polpetinne , pork meatballs, lemon, chickpeas, rocket | £6 |
| Warm caponata , roasted Mediterranean vegetables, olives, capers, pinenuts (v)(ve) | £4 |

Desserts

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| Vanilla Crème brûlée | £6 |
| Gluten free shortbread biscuit | |
| Pecan tart (ve)(gluten free pastry) | £6 |
| Dairy or vegan ice cream | |
| Selection of luxury British cheeses | £8 |
| celery, chutney, gluten free biscuits | |
| Afogato – | £4.50 |
| vanilla ice cream, espresso coffee, chocolate shards (gf)(vegan available) | |
| Add a shot of Tia Maria, Bailey's, Kahlua, Amaretto | £3 |

2 Courses for £16

Wednesday 5-8.30pm

Thursday, Friday-Saturday 12-5pm

Choose any starter or dessert with a main course for £16 (excludes duck & cheese)



Main Meals

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| Spanish style chicken in Rioja (df) | £13 |
| caramelised onions, olives, saffron potatoes | |
| Beer braised beef brisket (df) | £14 |
| Fries, coleslaw, gherkin | |
| Fish & chips (df) | £14 |
| Baked cod fillet, gluten free crumb with lemon & herb, fries, peas, tartare sauce | |
| Confit duck breast | £18 |
| Port and redcurrant sauce, sweet potato mash, savoy | |
| Pan fried seabass (df) | £15 |
| Wild mushroom quinoa 'risotto', spiced sesame dressing | |
| Slow braised pork belly (df) | £16 |
| Plum sauce, steamed rice, stir fried vegetables | |
| Thai green vegetable curry (v)(ve) | £12 |
| Steamed rice, chickpeas | |
| Grilled celeriac steak (v)(ve) | £12 |
| Mash, spiced Korean style sauce | |

Sides

Wilted spinach with parmesan **£3** Garlic roasted beetroot (ve)(df) **£3** Fries (ve)(df) **£3** Cheesy fries (v) **£4**

Vegetarian (v), vegan (ve) and dairy free (df) options are shown. We can provide allergen guidelines for all of our menu items. We take additional measures when told about allergens but our food and drink is prepared in an environment where allergens are present. Menu descriptions may not contain all the dish ingredients so please speak to a member of the team if you have any questions.

Please note that there will be traces of gluten in the fryer so if your allergy is severe then please avoid ordering fries.